



## POST-OPERATIVE SURGICAL INSTRUCTIONS

The following information applies when grafting material has been placed to help preserve your jawbone in preparation for future implant placement:

1. **Granules/Grains of bone:** Your bone graft contains small particles that may come out into your mouth. This is normal. Do not worry. There is more than enough bone graft in the surgical site and we account for this during the procedure.
2. **Membrane:** A small membrane is meant to cover the graft in the first few days after the procedure and it is normal if you see/feel it come out after this period.
3. **No Pressure on the graft site:** Refrain from applying pressure with your tongue or fingers to the grafted area during healing.
4. **Soft Diet:** Avoid chewing hard foods on the graft site.
5. **No Smoking:** Do not smoke for at least two weeks to support proper bone graft healing. The bone graft may fail if you smoke.

**By following these instructions, you can ensure a smooth recovery and promote successful healing and results.**