



PRE-OPERATIVE ANESTHESIA INSTRUCTIONS FOR IV SEDATION

IV Sedation is a SEMI-CONSCIOUS sedation. Medications are given through a vein in either your arm or hand which will cause total relaxation in a SEMI-CONSCIOUS state. There will be very little recall (if any) of the events surrounding surgery. In addition, you will always be given local anesthesia for your surgery so there is no pain when you wake up.

I have been informed by my doctor of my condition and understand the following requirements for anesthesia:

- **DO NOT EAT OR DRINK ANYTHING** for **8 hours** prior to the administration of the anesthesia. It is vital that you have a completely empty stomach (eating less than 8 hours prior to procedure may be life threatening)
- It is important to take all **regular morning medications** (including blood pressure medications) or any premedication prescriptions with a **SMALL SIP OF WATER**. If you have any questions about taking your medications on the day of the surgery please call our office or your prescribing physician.
- You must be accompanied by a responsible adult who is able to **DRIVE** you **TO** and **FROM** your appointment. Your escort must be available to drive you home and stay with you until you are sufficiently recovered to care for yourself.
- The anesthetic medications given can cause prolonged drowsiness for up to 24 hours. During this time period you are not able to drive, operate complicated machinery or devices, or make important decisions such as signing documents.
- Please wear **LOOSE, COMFORTABLE CLOTHING** (ideally a short sleeve shirt) so that we are able to apply monitors to you and have access to your IV.
- Please do not wear any excessive jewelry or makeup. Please refrain from wearing dark finger nail polish the day of your surgery.
- Avoid alcohol, smoking, and any recreational/medical drug use for 24 hours prior to appointment.

Failure to comply with any of the above instructions may result in delay or postponement of your surgery.

**Thank you for your cooperation and we look forward
to welcoming you back on your day of surgery.**